



OFFICIAL ENTRY FORM

Gobble Hobble 2009
November 21, 2009

Sign up for:

- 5K Race
- Family Fun Run/Walk

Last Name

First Name

Street Address

Apt #

City

ST

ZIP

Day Phone

Evening Phone

Email:
(for entry confirmation)

Age: _____

DOB: ____/____/____
mo day year

- Male
- Female

T-Shirt (circle one) Child-L S M L XL XXL \$3.00 extra charge XXL

Entry Fee:

Adult \$15 postmarked by November 9, 2009
 \$20 after November 9, 2009
 Child \$12 (12 years and younger)

Make checks payable & mail to:
Central Health and Wellness
13520 TI Blvd, Suite 110
Dallas, TX 75243

Packet Pickup: (Mark only one box below)

Choose location:

Pre-Race Day Nov. 18-20, 2009 10:00 AM - 7:00 PM
See www.runontexas.com for directions

- Richardson **Run On!** Store
- Dallas **Run On!** Store
- McKinney **Run On!** Store

Race Day Nov. 21, 2009 7:00 a.m.
 Galatyn Park Richardson, Texas

Please visit our web site for full event details and any changes: www.centralhealthandwellness.com

READ & SIGN THE FOLLOWING WAIVER:

I acknowledge that running near automobiles and bicycles is extremely dangerous and that running in the heat/cold is an extreme test of a person's physical and mental limits and there exists the potential for death or serious injury. I certify that I am physically fit, have sufficiently trained for this event, and have not been advised otherwise by a qualified medical professional. I also certify that I will drink plenty of water before, during and after the event. I assume the risks of participation and assume full responsibility for injury, accident, or illness which may occur during the event or while I am on the premises of the event. I hereby release and hold harmless the sponsors, promoters, and all other persons and entities associated with the event, from any and all injury or damage whether it be caused by negligence of the sponsors, promoters or other persons or entities associated with this event or otherwise. Further, I hereby grant full permission to any and all of the foregoing to use photographs, videotapes, motion pictures, recordings, or any other record of this event.

Signature of Participant (parent if minor)

Date